

# St. Clair Fitness Center

“Staying Fit Close to Home”

## TRX/ Kettle Bell Camp



Tel: 507-340-5125

This class combines two of the hottest trends in fitness into one powerful class. Adaptable for most fitness levels.

May 6<sup>th</sup>-June 26<sup>th</sup> (no class on 5/27)

Mondays and Wednesdays

5:00am-5:45am

Registration Required. Class is limited to 9 participants.

\$70 for nonmembers- Qualified members free.

Register Early.

Please drop off registration form to Lisa or send to mailing address.

#### Method of Payment

- Member with classes
- Check
- Cash

Name

Address

Phone

Email

#### St. Clair Fitness Center

113 E. Main St  
St. Clair, MN  
Mailing Address: 19947 607th Ave  
Eagle Lake, MN 56024

Phone: 507-340-5125  
E-mail: [stclairfitnesscenter@gmail.com](mailto:stclairfitnesscenter@gmail.com)  
[www.stclairfitnesscenter@gmail.com](http://www.stclairfitnesscenter@gmail.com)